

Individual results and positions

| Pos | Team Number & Club | Sex | Vet | Leg 1 | leg 1 pos | Leg 2 | leg 2 pos | Leg 3 | leg 3 pos | Leg 4 | leg 4 pos | Leg 5 | leg 5 pos | Leg 6 | leg 6 pos | Overall Time |
|-----|--|--------|-----|----------|-----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|--------------|
| 1 | 261 - Leeds City AC | Men | | 01:20:31 | 9 | 01:29:52 | 16 | 01:07:02 | 2 | 01:12:21 | 1 | 01:00:15 | 1 | 01:03:01 | 1 | 07:13:02 |
| 2 | 258 - Airedale Athletics Open | Men | | 01:15:33 | 4 | 01:22:16 | 9 | 01:06:13 | 1 | 01:14:52 | 2 | 01:11:08 | 5 | 01:04:34 | 3 | 07:14:36 |
| 3 | 241 - Valley Striders A | Men | | 01:23:01 | 12 | 01:09:47 | 1 | 01:09:51 | 3 | 01:24:53 | 10 | 01:08:41 | 3 | 01:04:07 | 2 | 07:20:20 |
| 4 | 237 - Pudsey Pacers A | Mixed | | 01:14:30 | 1 | 01:14:18 | 2 | 01:15:28 | 6 | 01:22:30 | 6 | 01:07:58 | 2 | 01:07:51 | 4 | 07:22:35 |
| 5 | 252 - Dewsbury A | Men | | 01:15:06 | 2 | 01:18:42 | 5 | 01:11:49 | 4 | 01:19:17 | 4 | 01:09:36 | 4 | 01:08:33 | 6 | 07:23:03 |
| 6 | 224 - Wakefield & District Harriers Team A | Men | | 01:16:46 | 6 | 01:14:42 | 4 | 01:20:19 | 9 | 01:21:36 | 5 | 01:13:54 | 9 | 01:09:25 | 9 | 07:36:42 |
| 7 | 227 - Abbey Runners Men A | Men | | 01:18:01 | 8 | 01:20:59 | 7 | 01:12:22 | 5 | 01:17:21 | 3 | 01:16:20 | 11 | 01:11:55 | 13 | 07:36:58 |
| 8 | 248 - Rothwell Harriers A | Men | | 01:16:24 | 5 | 01:22:19 | 10 | 01:15:44 | 7 | 01:25:33 | 11 | 01:13:36 | 8 | 01:09:12 | 8 | 07:42:48 |
| 9 | 236 - York Acorn Running Club | Men | | 01:17:04 | 7 | 01:14:31 | 3 | 01:16:32 | 8 | 01:23:09 | 7 | 01:22:28 | 19 | 01:10:02 | 10 | 07:43:46 |
| 10 | 233 - Horsforth Harriers Mens Vets | Men | Y | 01:26:06 | 23 | 01:20:16 | 6 | 01:21:06 | 11 | 01:23:16 | 8 | 01:13:21 | 7 | 01:10:22 | 11 | 07:54:27 |
| 11 | 244 - Valley Striders Vets | Men | Y | 01:26:04 | 22 | 01:23:06 | 11 | 01:26:10 | 20 | 01:25:49 | 12 | 01:12:51 | 6 | 01:08:13 | 5 | 08:02:13 |
| 12 | 256 - Kippax Harriers Open | Mixed | | 01:21:43 | 10 | 01:33:45 | 20 | 01:25:02 | 17 | 01:29:00 | 13 | 01:13:57 | 10 | 01:15:08 | 14 | 08:18:35 |
| 13 | 234 - Chapel Allerton Roadrunners | Men | | 01:31:13 | 28 | 01:22:09 | 8 | 01:20:33 | 10 | 01:31:49 | 16 | 01:17:11 | 13 | 01:16:30 | 15 | 08:19:25 |
| 14 | 259 - Airedale Athletics Mixed | Mixed | | 01:22:15 | 11 | 01:32:37 | 19 | 01:21:21 | 13 | 01:30:14 | 14 | 01:30:17 | 24 | 01:10:48 | 12 | 08:27:32 |
| 15 | 242 - Valley Striders B | Mixed | | 01:25:11 | 16 | 01:30:33 | 18 | 01:24:54 | 16 | 01:30:17 | 15 | 01:29:21 | 23 | 01:09:03 | 7 | 08:29:19 |
| 16 | 245 - Valley Striders Ladies | Ladies | | 01:26:00 | 21 | 01:24:26 | 12 | 01:24:06 | 14 | 01:31:56 | 17 | 01:21:13 | 16 | 01:25:06 | 21 | 08:32:47 |
| 17 | 238 - Pudsey Pacers B | Men | | 01:25:40 | 18 | 01:26:40 | 14 | 01:25:38 | 18 | 01:35:41 | 19 | 01:22:12 | 17 | 01:17:40 | 17 | 08:33:31 |
| 18 | 225 - Wakefield & District Harriers Team B | Mixed | | 01:24:13 | 14 | 01:29:37 | 15 | 01:21:14 | 12 | 01:37:12 | 20 | 01:16:44 | 12 | 01:27:55 | 24 | 08:36:55 |
| 19 | 228 - Abbey Runners Men B | Men | | 01:25:24 | 17 | 01:26:23 | 13 | 01:26:30 | 21 | 01:37:45 | 21 | 01:27:36 | 22 | 01:16:31 | 16 | 08:40:09 |
| 20 | 251 - St Theresa's AC | Mixed | | 01:15:27 | 3 | 01:37:30 | 24 | 01:32:40 | 25 | 01:23:24 | 9 | 01:20:18 | 15 | 01:32:03 | 26 | 08:41:22 |
| 21 | 232 - Horsforth Harriers Ladies | Ladies | | 01:33:19 | 29 | 01:39:53 | 27 | 01:33:28 | 26 | 01:32:23 | 18 | 01:22:23 | 18 | 01:25:17 | 22 | 09:06:43 |
| 22 | 240 - Baildon Runners A | Mixed | | 01:25:52 | 20 | 01:38:37 | 26 | 01:28:40 | 23 | 01:45:03 | 24 | 01:26:25 | 20 | 01:23:06 | 18 | 09:07:43 |
| 23 | 230 - Abbey Runners Women A | Ladies | | 01:28:27 | 24 | 01:34:29 | 22 | 01:26:53 | 22 | 01:39:56 | 23 | 01:31:59 | 29 | 01:29:52 | 25 | 09:11:36 |
| 24 | 247 - Team Idle | Mixed | | 01:24:29 | 15 | 01:41:17 | 28 | 01:31:40 | 24 | 01:50:18 | 30 | 01:27:26 | 21 | 01:24:18 | 20 | 09:19:28 |
| 25 | 253 - Dewsbury B | Mixed | Y | 01:25:50 | 19 | 01:41:39 | 29 | 01:26:03 | 19 | 01:39:37 | 22 | 01:47:02 | 34 | 01:23:27 | 19 | 09:23:38 |
| 26 | 260 - St Bedes | Mixed | | 01:28:44 | 25 | 01:43:12 | 30 | 01:44:55 | 30 | 01:49:10 | 29 | 01:31:53 | 28 | 01:26:47 | 23 | 09:44:41 |
| 27 | 239 - Pudsey Pacers C | Mixed | | 01:33:20 | 30 | 01:33:59 | 21 | 01:34:19 | 27 | 01:51:45 | 31 | 01:31:20 | 26 | 01:46:25 | 35 | 09:51:08 |
| 28 | 249 - Rothwell Harriers B | Mixed | | 01:23:51 | 13 | 01:30:19 | 17 | 01:39:18 | 29 | 01:46:58 | 26 | 01:56:57 | 35 | 01:36:29 | 31 | 09:53:52 |
| 29 | 254 - Kirkstall Harriers Open | Mixed | | 01:30:28 | 27 | 02:10:36 | 35 | 01:24:37 | 15 | 01:52:51 | 32 | 01:20:01 | 14 | 01:45:44 | 33 | 10:04:17 |
| 30 | 255 - Kirkstall Harriers Ladies | Ladies | | 01:46:51 | 35 | 01:35:27 | 23 | 01:50:02 | 33 | 01:45:18 | 25 | 01:32:27 | 31 | 01:35:56 | 30 | 10:06:01 |
| 31 | 243 - Valley Striders C | Mixed | | 02:01:35 | 37 | 01:37:40 | 25 | 01:37:40 | 28 | 01:48:02 | 28 | 01:30:59 | 25 | 01:32:16 | 27 | 10:08:12 |
| 32 | 231 - Horsforth Harriers Mixed | Mixed | | 01:29:17 | 26 | 01:51:35 | 31 | 01:45:36 | 31 | 01:48:00 | 27 | 01:32:22 | 30 | 01:42:04 | 32 | 10:08:54 |
| 33 | 246 - Baildon Runners B | Mixed | | 01:46:22 | 34 | 01:52:19 | 32 | 01:51:24 | 34 | 01:53:51 | 34 | 01:39:10 | 33 | 01:47:05 | 36 | 10:50:11 |
| 34 | 229 - Abbey Runners Mixed | Mixed | | 01:46:01 | 33 | 02:15:34 | 36 | 01:58:48 | 35 | 01:53:44 | 33 | 01:38:05 | 32 | 01:33:00 | 28 | 11:05:12 |
| 35 | 257 - Kippax Harriers Ladies | Ladies | | 01:36:48 | 32 | 01:57:38 | 33 | 01:49:48 | 32 | 02:07:40 | 35 | 02:07:18 | 37 | 01:45:57 | 34 | 11:25:09 |
| 36 | 235 - Ackworth Road Runners | Mixed | Y | 01:35:23 | 31 | 02:16:39 | 37 | 02:10:08 | 36 | 02:18:38 | 36 | 01:57:25 | 36 | 01:35:14 | 29 | 11:53:27 |
| 37 | 250 - Smeaton Striders | Mixed | | 01:54:22 | 36 | 01:59:48 | 34 | 04:00:00 | 37 | 04:00:00 | 37 | 01:31:52 | 27 | 01:49:10 | 37 | 15:45:12 |

Smeaton Striders had no runners on legs 3 and 4 so given a default time of 3 hours.

Men - All 12 runners are male.

Ladies - All 12 runners are female

Mixed - Not all 12 runners are same gender. Pair for individual leg could either be same gender or mixed

Cumulative team position after each leg

| Pos | Team Number & Club | Sex | Vet | Leg 1 | leg 1 pos | Leg 2 | leg 2 pos | Leg 3 | leg 3 pos | Leg 4 | leg 4 pos | Leg 5 | leg 5 pos | Leg 6 | leg 6 pos | Overall Time |
|-----|--|--------|-----|----------|-----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|----------|-----------|--------------|
| 1 | 261 - Leeds City AC | Men | | 01:20:31 | 9 | 02:50:23 | 11 | 03:57:25 | 9 | 05:09:46 | 6 | 06:10:01 | 1 | 07:13:02 | 1 | 07:13:02 |
| 2 | 258 - Airedale Athletics Open | Men | | 01:15:33 | 4 | 02:37:49 | 6 | 03:44:02 | 2 | 04:58:54 | 1 | 06:10:02 | 2 | 07:14:36 | 2 | 07:14:36 |
| 3 | 241 - Valley Striders A | Men | | 01:23:01 | 12 | 02:32:48 | 4 | 03:42:39 | 1 | 05:07:32 | 4 | 06:16:13 | 5 | 07:20:20 | 3 | 07:20:20 |
| 4 | 237 - Pudsey Pacers A | Mixed | | 01:14:30 | 1 | 02:28:48 | 1 | 03:44:16 | 3 | 05:06:46 | 3 | 06:14:44 | 4 | 07:22:35 | 4 | 07:22:35 |
| 5 | 252 - Dewsbury A | Men | | 01:15:06 | 2 | 02:33:48 | 5 | 03:45:37 | 4 | 05:04:54 | 2 | 06:14:30 | 3 | 07:23:03 | 5 | 07:23:03 |
| 6 | 224 - Wakefield & District Harriers Team A | Men | | 01:16:46 | 6 | 02:31:28 | 2 | 03:51:47 | 7 | 05:13:23 | 8 | 06:27:17 | 7 | 07:36:42 | 6 | 07:36:42 |
| 7 | 227 - Abbey Runners Men A | Men | | 01:18:01 | 8 | 02:39:00 | 8 | 03:51:22 | 6 | 05:08:43 | 5 | 06:25:03 | 6 | 07:36:58 | 7 | 07:36:58 |
| 8 | 248 - Rothwell Harriers A | Men | | 01:16:24 | 5 | 02:38:43 | 7 | 03:54:27 | 8 | 05:20:00 | 9 | 06:33:36 | 8 | 07:42:48 | 8 | 07:42:48 |
| 9 | 236 - York Acorn Running Club | Men | | 01:17:04 | 7 | 02:31:35 | 3 | 03:48:07 | 5 | 05:11:16 | 7 | 06:33:44 | 9 | 07:43:46 | 9 | 07:43:46 |
| 10 | 233 - Horsforth Harriers Mens Vets | Men | Y | 01:26:06 | 23 | 02:46:22 | 9 | 04:07:28 | 10 | 05:30:44 | 10 | 06:44:05 | 10 | 07:54:27 | 10 | 07:54:27 |
| 11 | 244 - Valley Striders Vets | Men | Y | 01:26:04 | 22 | 02:49:10 | 10 | 04:15:20 | 14 | 05:41:09 | 11 | 06:54:00 | 11 | 08:02:13 | 11 | 08:02:13 |
| 12 | 256 - Kippax Harriers Open | Mixed | | 01:21:43 | 10 | 02:55:28 | 20 | 04:20:30 | 18 | 05:49:30 | 16 | 07:03:27 | 13 | 08:18:35 | 12 | 08:18:35 |
| 13 | 234 - Chapel Allerton Roadrunners | Men | | 01:31:13 | 28 | 02:53:22 | 16 | 04:13:55 | 11 | 05:45:44 | 12 | 07:02:55 | 12 | 08:19:25 | 13 | 08:19:25 |
| 14 | 259 - Airedale Athletics Mixed | Mixed | | 01:22:15 | 11 | 02:54:52 | 19 | 04:16:13 | 15 | 05:46:27 | 13 | 07:16:44 | 18 | 08:27:32 | 14 | 08:27:32 |
| 15 | 242 - Valley Striders B | Mixed | | 01:25:11 | 16 | 02:55:44 | 21 | 04:20:38 | 19 | 05:50:55 | 17 | 07:20:16 | 19 | 08:29:19 | 15 | 08:29:19 |
| 16 | 245 - Valley Striders Ladies | Ladies | | 01:26:00 | 21 | 02:50:26 | 12 | 04:14:32 | 12 | 05:46:28 | 14 | 07:07:41 | 14 | 08:32:47 | 16 | 08:32:47 |
| 17 | 238 - Pudsey Pacers B | Men | | 01:25:40 | 18 | 02:52:20 | 14 | 04:17:58 | 16 | 05:53:39 | 19 | 07:15:51 | 17 | 08:33:31 | 17 | 08:33:31 |
| 18 | 225 - Wakefield & District Harriers Team B | Mixed | | 01:24:13 | 14 | 02:53:50 | 17 | 04:15:04 | 13 | 05:52:16 | 18 | 07:09:00 | 15 | 08:36:55 | 18 | 08:36:55 |
| 19 | 228 - Abbey Runners Men B | Men | | 01:25:24 | 17 | 02:51:47 | 13 | 04:18:17 | 17 | 05:56:02 | 20 | 07:23:38 | 20 | 08:40:09 | 19 | 08:40:09 |
| 20 | 251 - St Theresa's AC | Mixed | | 01:15:27 | 3 | 02:52:57 | 15 | 04:25:37 | 20 | 05:49:01 | 15 | 07:09:19 | 16 | 08:41:22 | 20 | 08:41:22 |
| 21 | 232 - Horsforth Harriers Ladies | Ladies | | 01:33:19 | 29 | 03:13:12 | 28 | 04:46:40 | 27 | 06:19:03 | 24 | 07:41:26 | 21 | 09:06:43 | 21 | 09:06:43 |
| 22 | 240 - Baildon Runners A | Mixed | | 01:25:52 | 20 | 03:04:29 | 23 | 04:33:09 | 22 | 06:18:12 | 23 | 07:44:37 | 23 | 09:07:43 | 22 | 09:07:43 |
| 23 | 230 - Abbey Runners Women A | Ladies | | 01:28:27 | 24 | 03:02:56 | 22 | 04:29:49 | 21 | 06:09:45 | 21 | 07:41:44 | 22 | 09:11:36 | 23 | 09:11:36 |
| 24 | 247 - Team Idle | Mixed | | 01:24:29 | 15 | 03:05:46 | 24 | 04:37:26 | 25 | 06:27:44 | 26 | 07:55:10 | 24 | 09:19:28 | 24 | 09:19:28 |
| 25 | 253 - Dewsbury B | Mixed | Y | 01:25:50 | 19 | 03:07:29 | 26 | 04:33:32 | 24 | 06:13:09 | 22 | 08:00:11 | 25 | 09:23:38 | 25 | 09:23:38 |
| 26 | 260 - St Bedes | Mixed | | 01:28:44 | 25 | 03:11:56 | 27 | 04:56:51 | 28 | 06:46:01 | 28 | 08:17:54 | 28 | 09:44:41 | 26 | 09:44:41 |
| 27 | 239 - Pudsey Pacers C | Mixed | | 01:33:20 | 30 | 03:07:19 | 25 | 04:41:38 | 26 | 06:33:23 | 27 | 08:04:43 | 26 | 09:51:08 | 27 | 09:51:08 |
| 28 | 249 - Rothwell Harriers B | Mixed | | 01:23:51 | 13 | 02:54:10 | 18 | 04:33:28 | 23 | 06:20:26 | 25 | 08:17:23 | 27 | 09:53:52 | 28 | 09:53:52 |
| 29 | 254 - Kirkstall Harriers Open | Mixed | | 01:30:28 | 27 | 03:41:04 | 34 | 05:05:41 | 29 | 06:58:32 | 31 | 08:18:33 | 29 | 10:04:17 | 29 | 10:04:17 |
| 30 | 255 - Kirkstall Harriers Ladies | Ladies | | 01:46:51 | 35 | 03:22:18 | 30 | 05:12:20 | 31 | 06:57:38 | 30 | 08:30:05 | 31 | 10:06:01 | 30 | 10:06:01 |
| 31 | 243 - Valley Striders C | Mixed | | 02:01:35 | 37 | 03:39:15 | 33 | 05:16:55 | 32 | 07:04:57 | 32 | 08:35:56 | 32 | 10:08:12 | 31 | 10:08:12 |
| 32 | 231 - Horsforth Harriers Mixed | Mixed | | 01:29:17 | 26 | 03:20:52 | 29 | 05:06:28 | 30 | 06:54:28 | 29 | 08:26:50 | 30 | 10:08:54 | 32 | 10:08:54 |
| 33 | 246 - Baildon Runners B | Mixed | | 01:46:22 | 34 | 03:38:41 | 32 | 05:30:05 | 34 | 07:23:56 | 33 | 09:03:06 | 33 | 10:50:11 | 33 | 10:50:11 |
| 34 | 229 - Abbey Runners Mixed | Mixed | | 01:46:01 | 33 | 04:01:35 | 37 | 06:00:23 | 35 | 07:54:07 | 35 | 09:32:12 | 34 | 11:05:12 | 34 | 11:05:12 |
| 35 | 257 - Kippax Harriers Ladies | Ladies | | 01:36:48 | 32 | 03:34:26 | 31 | 05:24:14 | 33 | 07:31:54 | 34 | 09:39:12 | 35 | 11:25:09 | 35 | 11:25:09 |
| 36 | 235 - Ackworth Road Runners | Mixed | Y | 01:35:23 | 31 | 03:52:02 | 35 | 06:02:10 | 36 | 08:20:48 | 36 | 10:18:13 | 36 | 11:53:27 | 36 | 11:53:27 |
| 37 | 250 - Smeaton Striders | Mixed | | 01:54:22 | 36 | 03:54:10 | 36 | 07:54:10 | 37 | 11:54:10 | 37 | 13:26:02 | 37 | 15:15:12 | 37 | 15:45:12 |