

| | 1st Leg | | | | | |
|--------------|-----------------------|----------------|--------------------------------|-----------|-------------------------|-----------|
| | Mens | | Ladies | | Mixed | |
| Club | 237 - Pudsey Pacers A | | 259 - Airedale Athletics Mixed | | 243 - Valley Striders C | |
| Time | 01:14:30 | | 01:22:15 | | 02:01:35 | |
| Names | Gary Bailey | Darren Burnley | Claire Elener | Amy Green | John Bucktrout | Sara Dyer |

| | 2nd Leg | | | | | |
|--------------|-------------------------|-----------------|-----------------------------|----------------|-----------------------|------------|
| | Mens | | Ladies | | Mixed | |
| Club | 241 - Valley Striders A | | 245 - Valley Striders Women | | 239 - Pudsey Pacers C | |
| Time | 01:09:47 | | 01:24:26 | | 01:33:59 | |
| Names | Dan Fisher | Rob De Giovanni | Elika Tasker | Holly Williams | Carol Limbert | Mark Nolan |

| | 3rd Leg | | | | | |
|--------------|-------------------------------|-------------|-----------------------------|----------------|--------------------------------|-------------|
| | Mens | | Ladies | | Mixed | |
| Club | 258 - Airedale Athletics Open | | 245 - Valley Striders Women | | 259 - Airedale Athletics Mixed | |
| Time | 01:06:13 | | 01:24:06 | | 01:21:21 | |
| Names | Will Kerr | Matt Nowell | Sue Sunderland | Sharon Tansley | Emma Inglis | Tim Midgley |

| | 4th Leg | | | | | |
|--------------|---------------------|------------|-----------------------------|-----------------|-------------------------|----------------|
| | Mens | | Ladies | | Mixed | |
| Club | 261 - Leeds City AC | | 245 - Valley Striders Women | | 240 - Baildon Runners A | |
| Time | 01:12:21 | | 01:31:56 | | 01:45:03 | |
| Names | Steve Body | Alan Cross | Liz Wood | Samantha Harris | Don Johnson | Denise Johnson |

| | 5th Leg | | | | | |
|--------------|---------------------|-------------|-----------------------------|------------|-----------------------|------------|
| | Mens | | Ladies | | Mixed | |
| Club | 261 - Leeds City AC | | 245 - Valley Striders Women | | 237 - Pudsey Pacers A | |
| Time | 01:00:15 | | 01:21:13 | | 01:07:58 | |
| Names | Martin Hilton | Sean Cotter | Michaela McGarry | Pam Lomoro | Karen Pickles | Paul Gaile |

| | 6th Leg | | | | | |
|--------------|---------------------|---------------|-----------------------------|------------|--|----------------|
| | Mens | | Ladies | | Mixed | |
| Club | 261 - Leeds City AC | | 245 - Valley Striders Women | | 225 - Wakefield & District Harriers Team B | |
| Time | 01:03:01 | | 01:25:06 | | 01:27:55 | |
| Names | Gregg Hull | Geoff Belcher | Xanthe Hannah | Sarah Wood | Sharon Sykes | Chris Sweeting |