

CHANGEOVER POINTS AND CUT-OFF TIMES

CAR PARKING – To avoid complaints and future problems (we do hope to run the relay race in future years) **please ensure drives; gateways and other access points are not obstructed by careless parking.**

START AND FINISH – Both the start and finish will take place on the road in front of the Garforth Sports & Leisure Centre. The route will be marshalled for the first half mile to a point to the east side of Garforth Comprehensive School. At this point you are on the L.C.W. The finish will be the reverse of the start, i.e. on reaching the disused railway line turn left, continue to Ninelands Lane, and turn left to the finish at the Garforth Sports & Leisure Centre.

1ST CHANGEOVER **Playing Fields, Stanley** **Cut off time – 10.00 (2 hrs)**

Adequate parking is available around the area please **DO NOT** park on the main road (A642). The “GROVE PARK” Public House is now closed so parking here is at your own risk.

2ND CHANGEOVER **Scotchman Lane** **Cut off time 11.45 (3.45 hrs)**

We have obtained (by kind permission of the Landlord the use of “THE NEEDLES” Public House car park situated 100 yards up the hill from the changeover point. **Could you please ensure that only the back car park is used**, as we would like to continue using this facility? All cars **MUST** be moved by 1200 hours as the pub caters for Sunday Lunch. There is room for about 60 cars. Please try not to congest Scotchman Lane.

3RD CHANGEOVER **Playing Fields, Thornbury** **Cut-off time 13.15 (5.15 hrs)**

There is parking in the side streets off the dual carriageway, but unfortunately none in the cricket field adjacent to the change over point. **Note the Police will prosecute anyone parking on the yellow lined sections of the dual carriageway.**

4TH CHANGEOVER **Golden Acre Park** **Cut off time 14.30. (6.30 hrs)** **Changeover point is on the grass immediately after the tunnel on the east side of the A660).**

There is adequate parking in the Main Car Park. The changeover point is on the grass area immediately after the tunnel adjacent to the Main Car Park. **Will teams note that the official route through the Park follows the right hand Park Boundary fence to the Otley Road, along the road to the personnel gate, ahead to the car park, left and under tunnel. Teams will be sent back or time penalised for short cutting this section.**

5TH CHANGEOVER **Thorner Lane, Scarcroft** **Cut-off time – 15.30 (7.30 hrs)** **Changeover point is at the grass triangle at the top of the hill)**

We have not been able to obtain permission to park in any of the fields or farmyards. This area has caused problems in the past so it would be helpful if car parking was kept to a minimum and runners were possible could be dropped of. The marshals will direct where to park on the roadsides and verges. Please co-operate in order not to cause friction with the Local Residents.

CUT-OFF TIMES – Should any team not complete their legs before the specified cut-off times, there will be a mass start for the remaining teams and any individual leg runners.